

Katy ECEC School Menu August--2017

Monday	Tuesday	Wednesday	Thursday	Friday
31-Jul	1-Aug	2-Aug	3-Aug	4-Aug
	Grilled Cheese and Turkey Sandwich,	Pasta Primavera, Baked Chicken	Grass-fed Beef Chili with Cheddar	Chicken Fingers, Roasted Red
	Roasted Red Potato, Steamed Broccoli,	Breast, Zucchini Squash, Fresh Cut	Cheese, Brown Rice, Oven Roasted	Potatoes, Creamed Spinach, Fresh Cut
	Fresh Cut Fruit	Fruit	Carrots, Fresh Cut Fruit	Fruit
7-Aug	8-Aug	9-Aug	10-Aug	11-Aug
Broccoli, Cauliflower & Cheese	Oven Roasted Turkey and Cheese	Macaroni and Cheese, Oven Roasted	Turkey Meat Sauce with Penne Pasta,	Beef Burrito with Beans and Cheese,
Casserole with Baked Chicken Breast,	Cubes, Crackers, Cucumber, Ranch	Chicken Breast, Steamed Broccoli,	Fresh Green Beans and Carrots, Fresh	Spanish Rice, Steamed Broccoli, Fresh
Plain Pasta, Fresh Baked Baguette,	Dressing Fresh Cut Fruit	Fresh Cut Fruit	Cut Fruit	Cut Fruit
Fresh Cut Fruit				
14-Aug	15-Aug	16-Aug	17-Aug	18-Aug
BBQ Beef Slider, Baked Beans, Fresh	Baked Chicken Breast with Mild Curry	Turkey Kielbasa & Rice Casserole,	Farfalle Pasta with Alfredo Sauce,	Cheese Pizza, Fresh Cucumber with
Corn on Cob, Fresh Cut Fruit	Sauce, Steamed Rice, Roasted Carrots,	Vegetable Medley, Fresh Baked	Baked Chicken Breast, Roasted	House Made Ranch Dressing, Fresh
	Fresh Cut Fruit	Baguette, Fresh Cut Fruit	Carrots, Fresh Cut Fruit	Cut Fruit
21-Aug	22-Aug	23-Aug	24-Aug	25-Aug
Mashed Potatoes with Cheddar	Turkey and Cheese Croissant	Grass-fed Beef Meat Loaf, Mashed	Chicken and Cheese Quesadillas,	Grass-fed Beef Sloppy Joe's with Jack
Cheese, Baked Chicken Breast, Oven	Sandwich, Broccoli Pasta Salad, Sliced	Potato, Sautéed Green Beans &	Brown Rice, Black Beans, Sour Cream,	Cheese, Oven Roasted Potatoes, Fresh
Roasted Carrots, Fresh Cut Fruit	Cucumbers, Fresh Cut Fruit	Carrots, Fresh Cut Fruit	Fresh Cut Fruit	Buttered Corn on Cob, Fresh Cut Fruit
28-Aug	29-Aug	30-Aug	31-Aug	1-Sep
Macaroni and Cheese, Oven Roasted	Grilled Cheese Sandwich, Roasted Red	Baked Chicken Breast with Mild	Grass-fed Beef Shepherd's Pie	
Chicken Breast, Steamed Broccoli,	Potato, Steamed Broccoli, Fresh Cut	Creamy Anaheim Sauce, Steamed	Casserole, Sourdough Bread, Oven	
Fresh Cut Fruit	Fruit	Rice, Diced Carrots and Peas, Fresh Cut	Roasted Yellow Squash, Fresh Cut Fruit	
		Fruit		

I would like to enroll my child in the Katy's ECEC catered lunch program. I understand that my account will be automatically billed on a monthly basis. If at any time you would like to cancel this enrollment please provide ECEC a 7 day written notice.

I would like to order lunches every: (Please check one)	Tuesday and Thursday \$40.00/month Monday, Wednesday, and Friday \$60.00/month		
	Monday – Friday \$100.00/month		
Child's Name:	Child's Teacher:		
Parent Signature:	Date:		