



# Monthly Snack Menu

Katy's Early Childhood  
Enrichment Center

1407 W. Grand Pkwy S.  
Katy, TX. 77494  
281-693-1999

| Sun                 | Mon   | Tue                              | Wed                             | Thu                  | Fri                        | Sat |
|---------------------|---|----------------------------------|---------------------------------|----------------------|----------------------------|-----|
| Week 1              | Yogurt  | Cereal Bars                      | Applesauce                      | Cheerios             | Fruit                      |     |
|                     | Whole Grain Goldfish  | Cheese-its                       | Graham Crackers w/ cream cheese | Vanilla Wafers       | Crackers w/ Peanut butter  |     |
| Week 2              | Apple Sauce   | Yogurt                           | Cereal Bars                     | Fruit                | Cheerios                   |     |
|                     | Pretzels & Raisins  | Crackers & Cheese                | Pudding                         | Whole Grain Goldfish | String Cheese              |     |
| Week 3              | Cereal Bars   | Fruit                            | Applesauce                      | Special K Snack Bar  | Tortillas w/ Peanut Butter |     |
|                     | Crackers w/ Cheese  | Graham Crackers w/ Peanut Butter | Cucumber & Ranch                | String cheese        | Whole Grain Goldfish       |     |
| Week 4              | Applesauce  | Cereal Bars                      | Fruit                           | Cheerios             | Yogurt                     |     |
|                     | Cheese Its  | Animal Crackers                  | String Cheese                   | Whole Grain Goldfish | Pudding                    |     |
| Updated August 2022 | <p><b>*Please notify the school if your child has food allergies.</b><br/> <b>**This is a rotating schedule</b><br/> <b>***Morning snack is served with milk, afternoon snack is served with water.</b></p> |                                  |                                 |                      |                            |     |