



## Katy ECEC School Menu October--2025

Monday 29-Sep	Tuesday 30-Sep	Wednesday 1-Oct	Thursday 2-Oct	Friday 3-Oct
		Broccoli, Cauliflower & Cheese Casserole with Baked Chicken Breast, Plain Pasta, Fresh Baked Baguette, Fresh Cut Fruit	Chicken Fried Rice with Carrots & Lima Beans, Steamed Broccoli, Fresh Baked Baguette, Fresh Cut Fruit	Beefy Mac and Cheese, Fresh Corn, French Bread, Fresh Cut Fruit
6-Oct	7-Oct	8-Oct	9-Oct	10-Oct
Grassfed Beef Meatballs, Garden Rotini Pasta, Marinara Sauce, Baked Yellow Squash, Fresh Cut Fruit	Chicken & Cheese Quesadillas, Steamed Rice, Black Beans, Fresh Cut Fruit	Chicken Nuggets, Waffle Fries, Steamed Broccoli, Ketchup, Fresh Cut Fruit	Baked Chicken Breast with Anaheim Sauce, Steamed Rice, Diced Carrots and Peas, Fresh Cut Fruit	Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing, Fresh Cut Fruit
13-Oct	14-Oct	15-Oct	16-Oct	17-Oct
Macaroni and Cheese with Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit	Beef Hamburger Slider with Cheddar Cheese, Roasted Red Potatoes & Carrots, Fresh Cut Fruit	Teriyaki Chicken with Broccoli and Carrots, Steamed Rice, French Bread, Fresh Cut Fruit	Spaghetti with Turkey Meat Sauce, Fresh Green Beans & Carrots, Fresh Cut Fruit	Chicken and Waffles, Roasted Red Potatoes, Steamed Broccoli, Ketchup, Fresh Cut Fruit
20-Oct	21-Oct	22-Oct	23-Oct	24-Oct
Chicken Parmesan with Marinara Sauce, Spaghetti Pasta, Oven Roasted Zucchini, Fresh Cut Fruit	Turkey & Cheese Croissant, Caprice Pasta Salad with Fresh Basil, Tomato, Cucumber, Mozzarella Cheese & Olive Oil, Fresh Cut Fruit	Beef Tamales, Black Beans, Steamed White Rice, Fresh Cut Fruit	Parmesan & Ricotta Ravioli, Oven Roasted Zucchini, Garlic Bread, Fresh Cut Fruit	Breakfast for Lunch: Pancake, Turkey Sausage, Breakfast Potato, Steamed Broccoli, Fresh Cut Fruit
27-Oct	28-Oct	29-Oct	30-Oct	31-Oct
Baked Chicken Breast with Alfredo Sauce, Farfalle Pasta, Oven Roasted Carrots, Fresh Cut Fruit	BBQ Beef Slider, Baked Beans, Fresh Corn, Fresh Cut Fruit	Broccoli, Cauliflower & Cheese Casserole with Baked Chicken Breast, Plain Pasta, Fresh Baked Baguette, Fresh Cut Fruit	Chicken Fried Rice with Carrots & Lima Beans, Steamed Broccoli, Fresh Baked Baguette, Fresh Cut Fruit	Beef Lasagna with Ricotta Cheese, Mozzarella Cheese & Tomato Basil Pasta Sauce, Baked Yellow Squash, Garlic Bread, Fresh Cut Fruit

### Katy's ECEC Catered Lunch Service

<p style="text-align: center;">Catered Lunch Service Options:</p> <p style="text-align: center; font-size: small;">(please check one)</p>	<div style="display: flex; flex-direction: column; gap: 10px;"> <div><input type="checkbox"/> Tuesday and Thursday \$40.00/month</div> <div><input type="checkbox"/> Monday, Wednesday, and Friday \$60.00/month</div> <div><input type="checkbox"/> Monday – Friday \$100.00/month</div> </div>
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By registering for the catered lunch program at Katy's ECEC, you understand that your account will be auto-drafted on a monthly basis for lunch payment. You also acknowledge that a 7-day written notice is required for cancellation of enrollment to the lunch service program.

Child's Name: \_\_\_\_\_

Child's Teacher: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_